

Table 1. Demographic characteristics of the study population	
Age (years)	Mean (SD)
Male	55.2 (10.5)
Female	56.8 (11.2)
Marital status	
Married	68.5%
Single	12.3%
Divorced	15.7%
Widowed	3.5%
Education level	
High school or less	45.2%
College	32.1%
Postgraduate	22.7%
Occupation	
Professional	28.9%
Managerial	18.4%
Technical	15.6%
Service	22.3%
Unemployed	14.8%
Income (USD/month)	
< 500	12.5%
500-1000	25.3%
1000-1500	38.7%
> 1500	23.5%

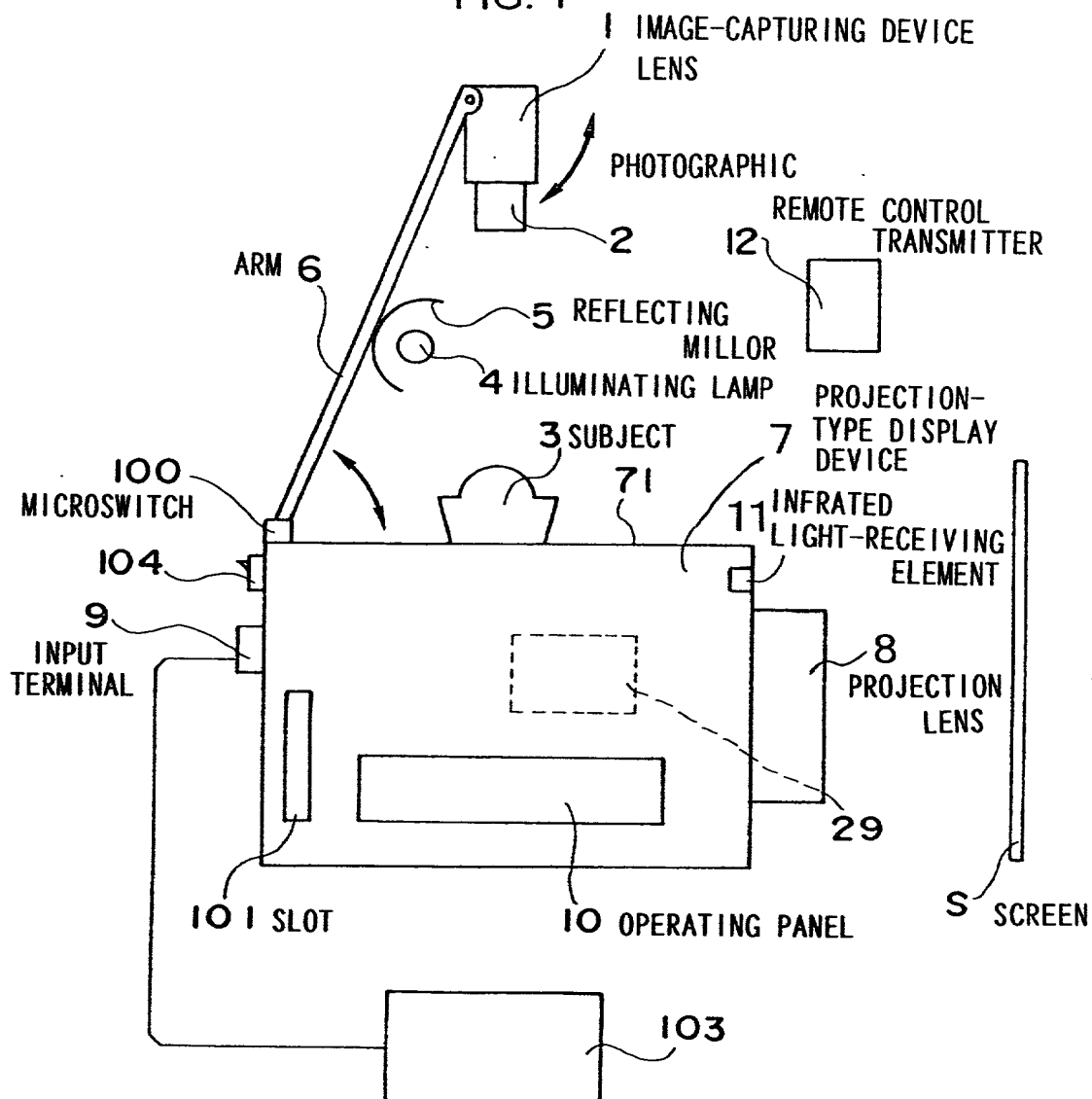
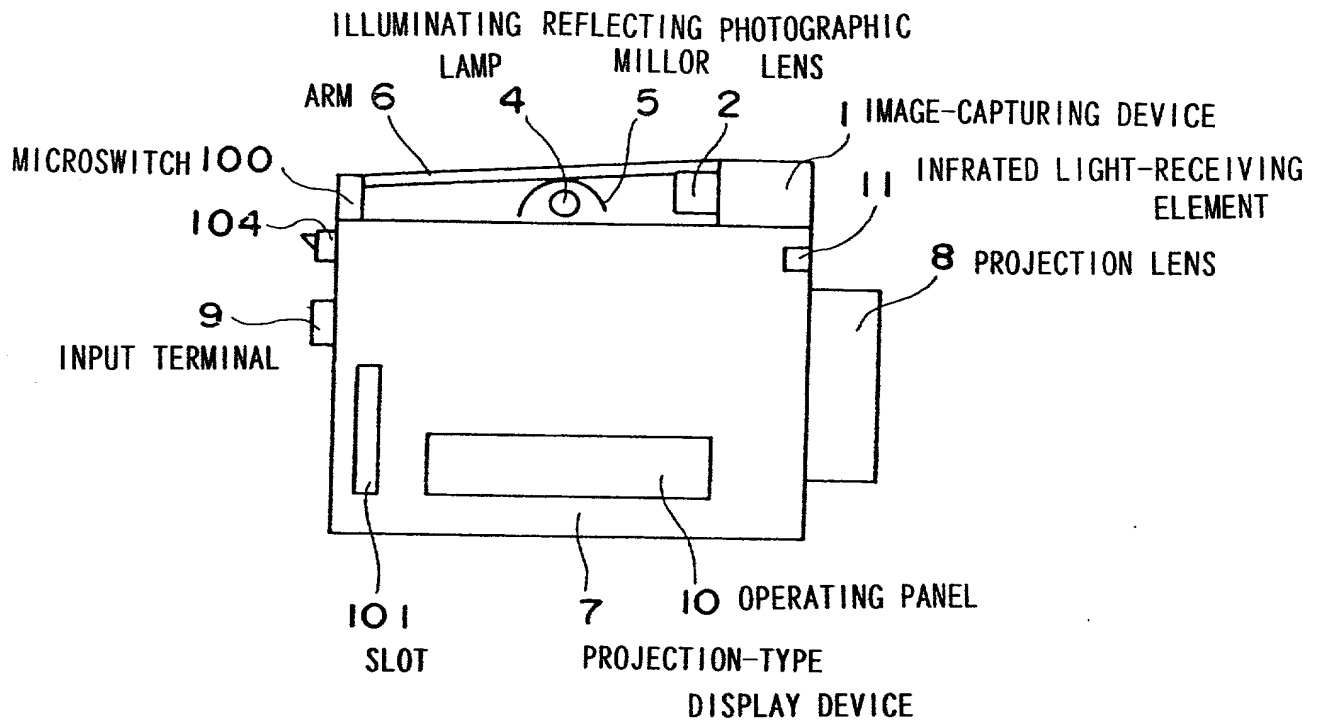


FIG. 2



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Variable	Mean	SD	Min	Max
Age	34.5	10.2	22	55
Gender	0.5	0.5	0	1
Marital status	0.6	0.5	0	1
Education	12.5	1.5	10	15
Income	1500	500	1000	2500
Health status	0.8	0.2	0	1
Smoking status	0.3	0.5	0	1
Alcohol consumption	0.2	0.4	0	1
Exercise frequency	0.5	0.5	0	1
Stress level	0.7	0.3	0	1
Depression score	0.4	0.4	0	1
Life satisfaction	0.6	0.3	0	1
Work satisfaction	0.5	0.4	0	1
Family satisfaction	0.6	0.3	0	1
Overall well-being	0.5	0.3	0	1

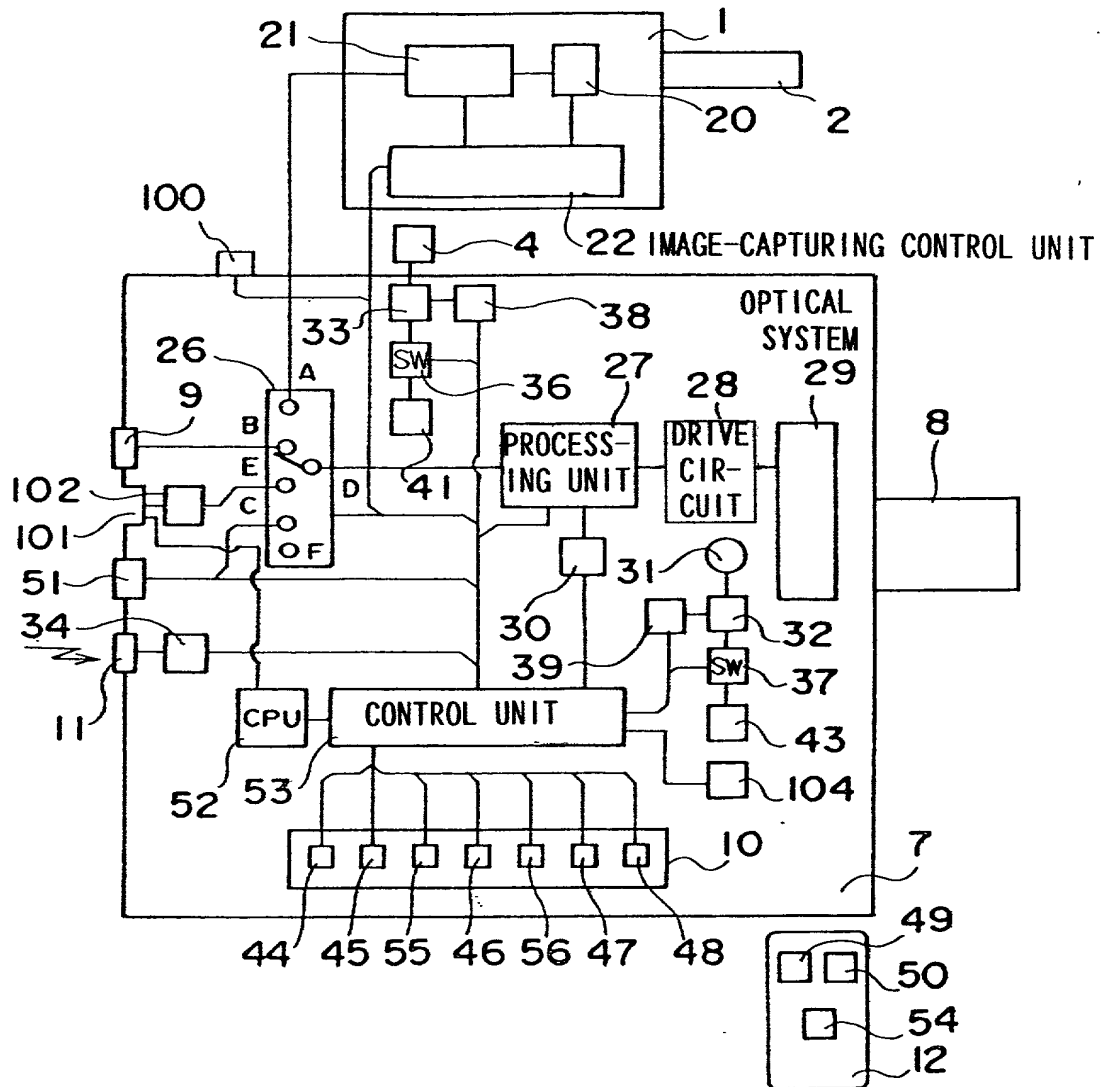


FIG.5

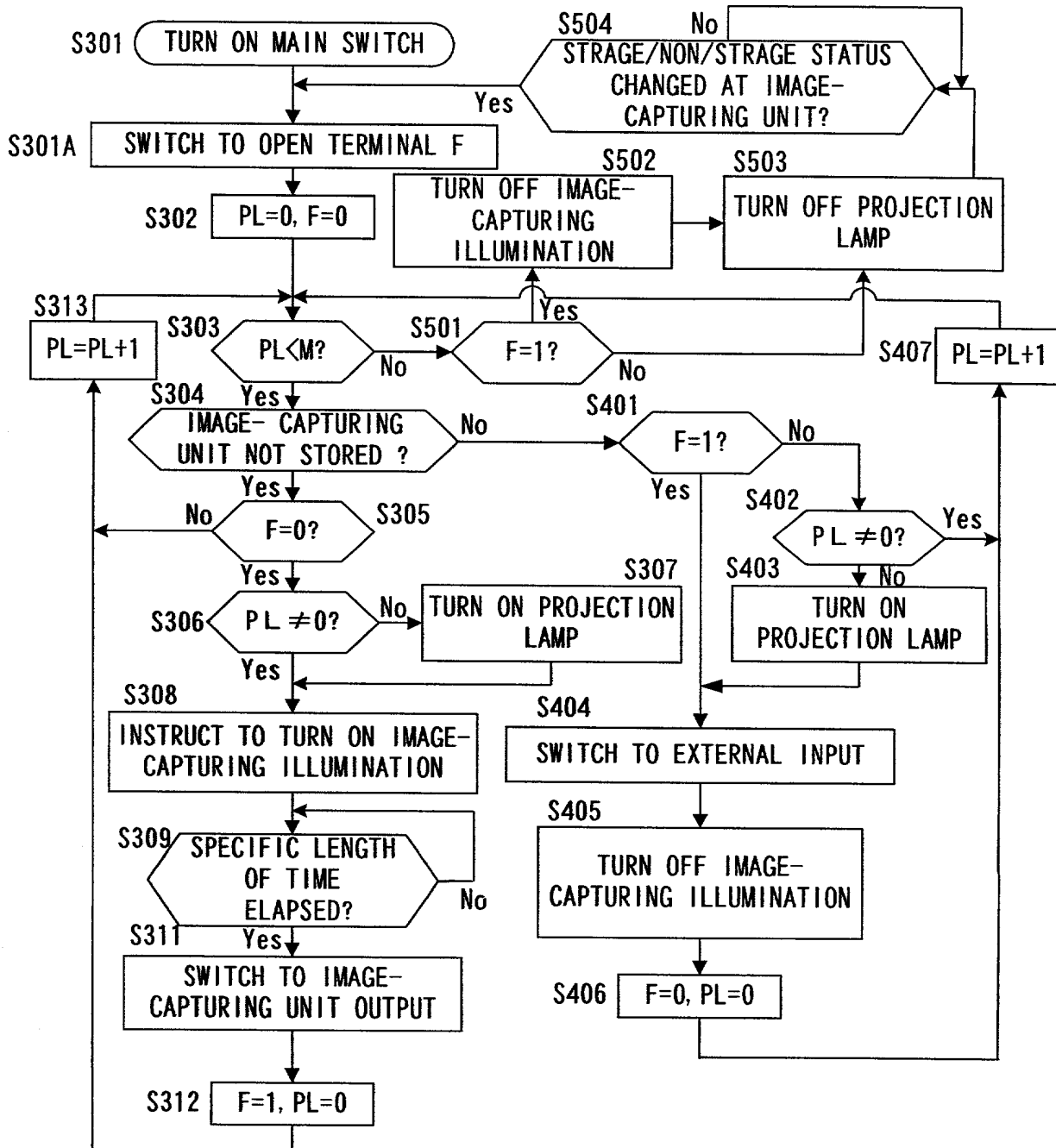


FIG.6

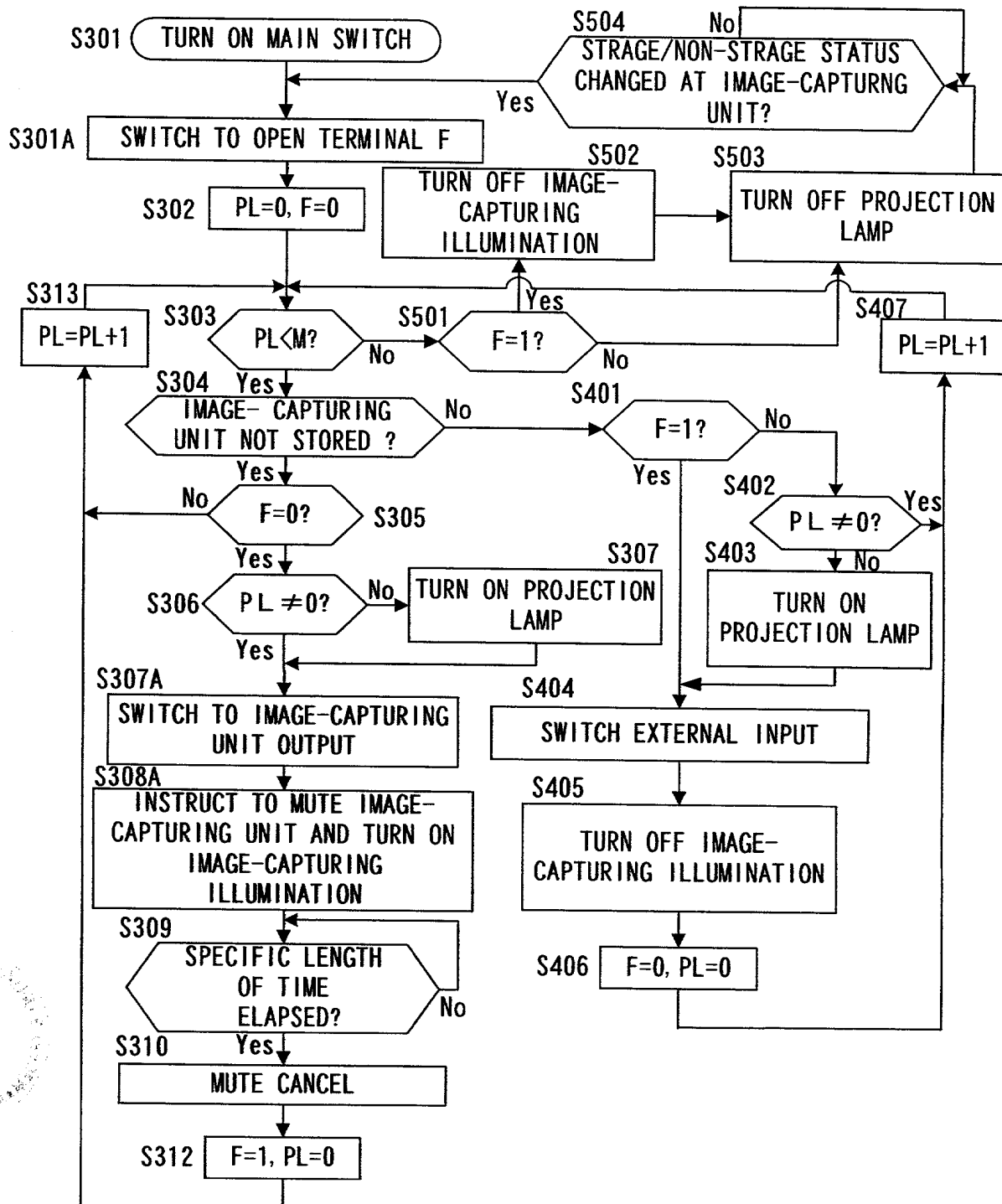


FIG.8

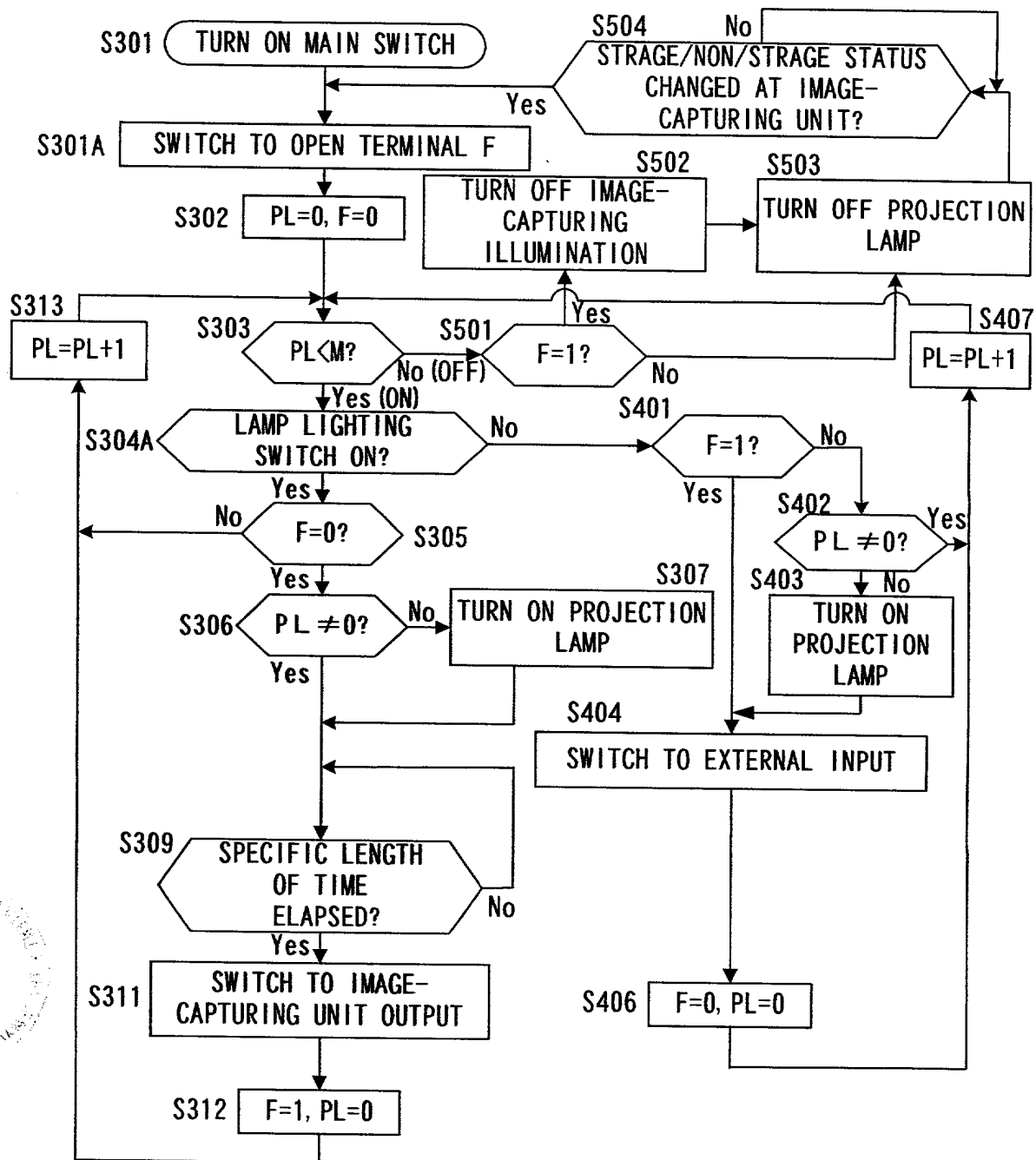


FIG. 9

